

## Cotton Face Mask with Pocket



### Materials and Supplies

#### **2 colors of tightly woven cotton cloth (one light, one dark)**

It is important to use two different colors so that medical personnel can tell which side has been facing out if they need to put it back on. Please use **light fabric on the back and dark fabric on the front.**

#### **Sewing thread**

Optional: Ribbon or bias tape for ties, 4 pieces, approximately 20 inches each

#### **Sewing machine**

#### **Iron**

Cut:

**4 strips - 1.5 by 20 inches of either color**

**2 pieces - 7 by 9 inches, light**

**1 piece - 7 by 9 inches, dark**

Step 1: Make fabric ties. (If you are using ribbon or tape, skip to step 2)

Fold each 1.5 by 20 inch strip in half with wrong sides together, press.

Open the fold.

Press edges toward the center fold.

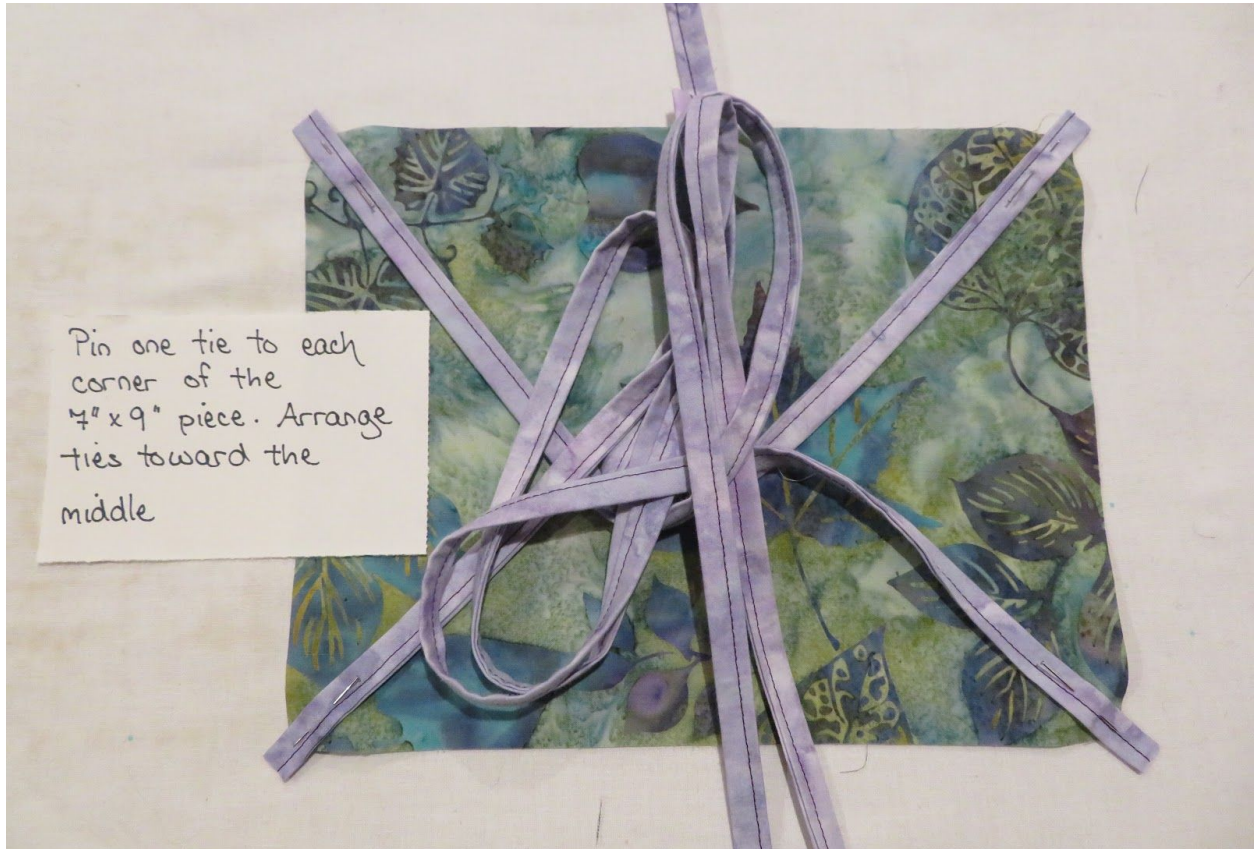
Re-fold on the center line. Press.

Use a straight stitch or zig-zag to stitch close to the double-folded edges to secure.



**Step 2:**

Pin ties to the corners of the dark-fabric 7 by 9 inch piece, and arrange toward the middle. (Pin to the right side of the fabric.)



**Step 3:**

Fold each 7 by 9 inch piece of light fabric in half, wrong sides together, to make a rectangle, 3.5 by 9 inches. Press.

(These pieces will create the pocket on the back of the mask.)

Step 4:

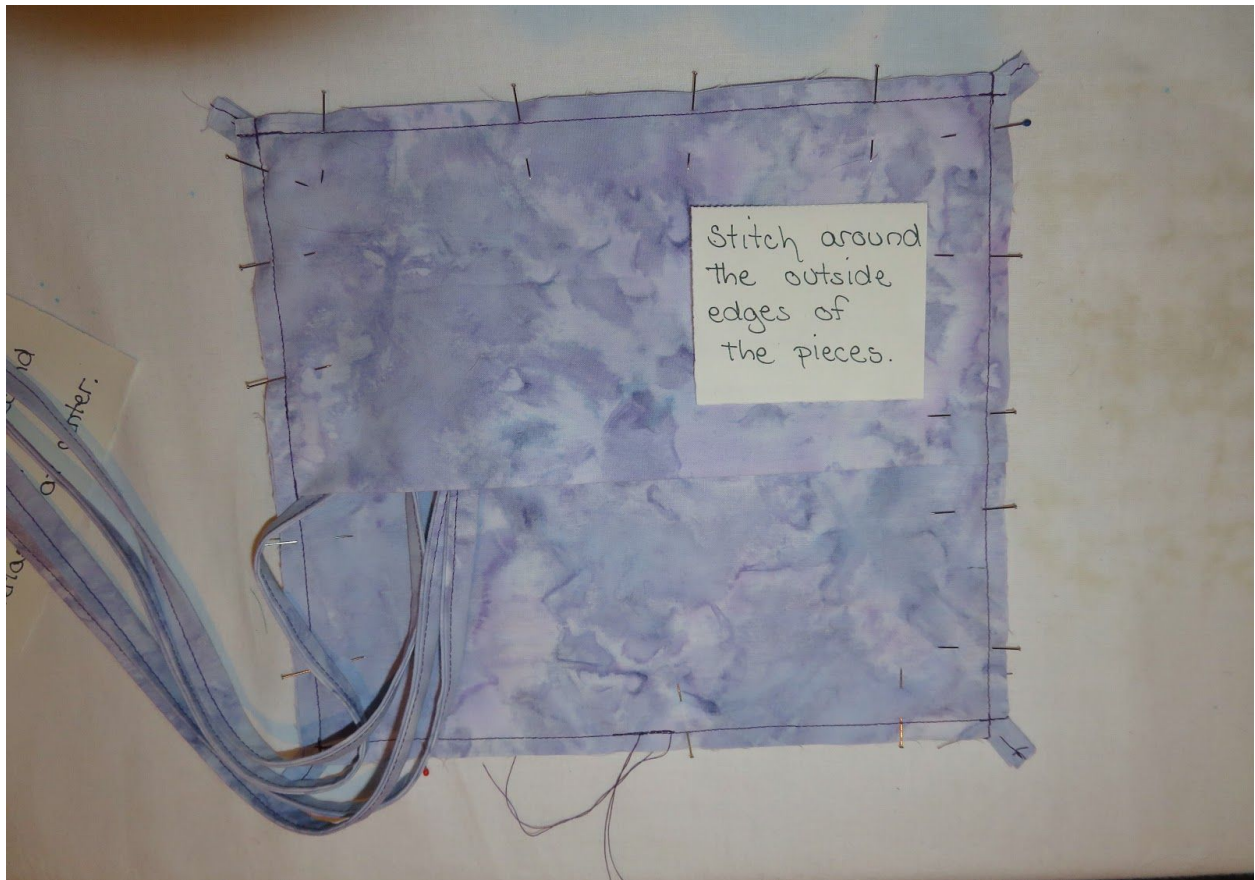
Pin the folded pieces to the dark fabric.

(THE FOLDED PIECES WILL NOT OVERLAP, UPDATED PHOTOS COMING SOON!)

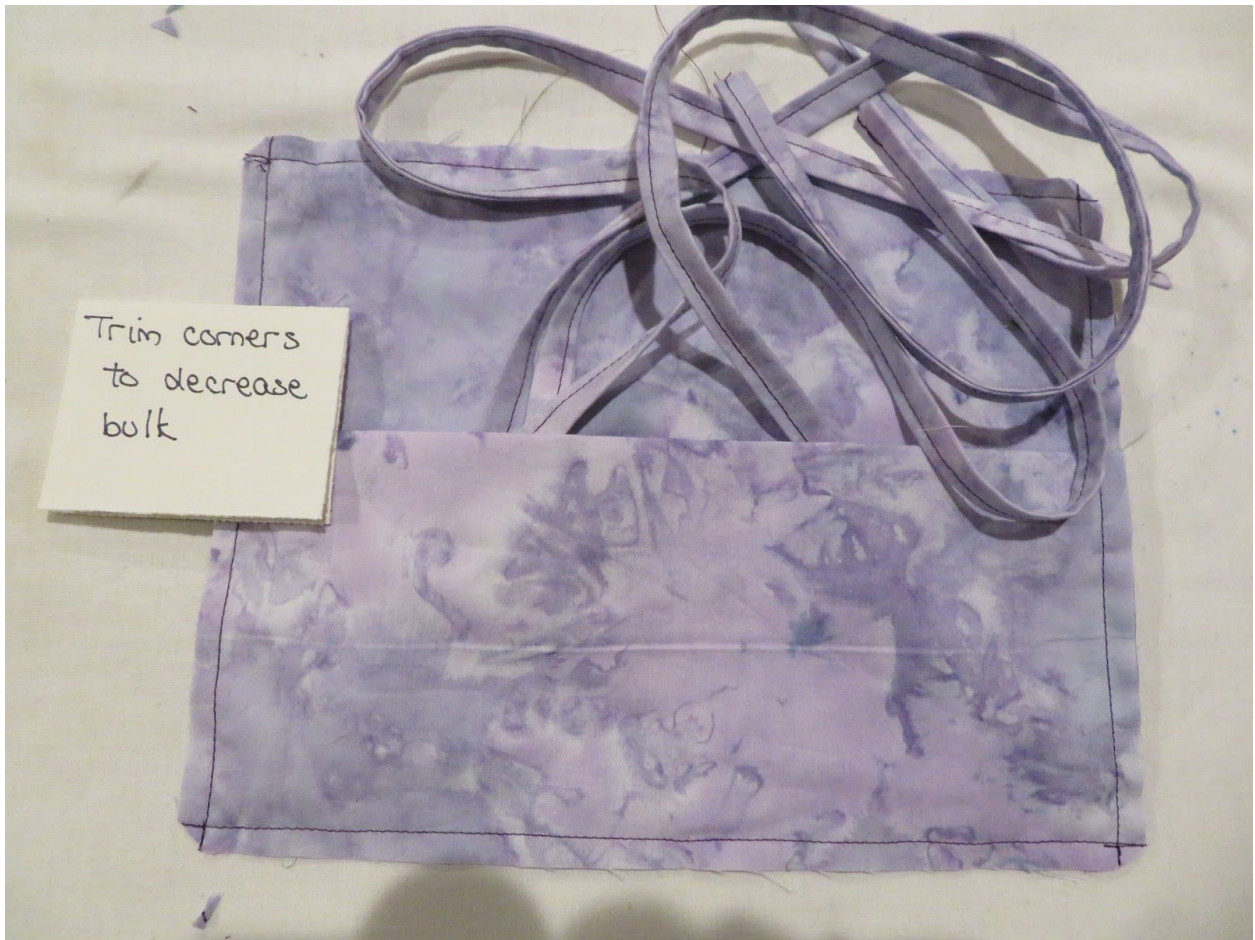


Repeat with the other folded piece. THE FOLDED EDGES WILL MEET IN THE MIDDLE.

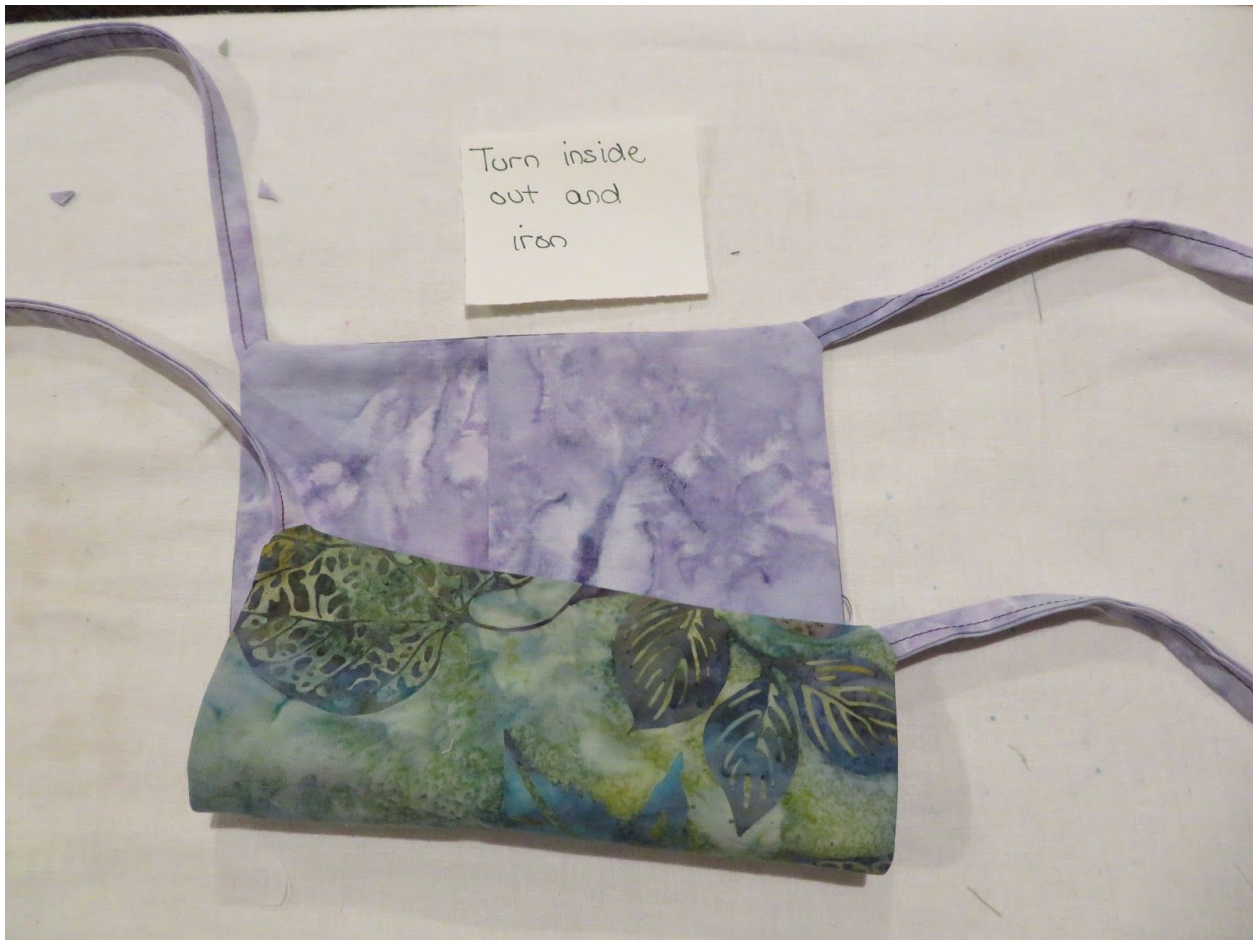
Step 5: Stitch around the entire edge at  $\frac{1}{4}$  or  $\frac{3}{8}$  inch allowance. Secure ties with back-stitching at each corner.



Step 6: Trim corners to decrease bulk.



Step 6: Turn inside out and iron. (Please remember, the back pieces will only meet in the middle.)



Step 7: Pin tucks into each side of the mask. The pleated piece should be no less than 3 inches.





Step 8: Top-stitch around the whole mask to secure pleats. Reinforce pleats with an additional line of stitching.





Pattern by Amelia Poole, Brooksville, Maine, March 29, 2020

